

MEAL OR NO MEAL? Don't Go Hungry.

VHS...are you a Nutrition Value Shopper? Combo Meals are designed to give you the most nutrition for the best price. Each Combo must contain at least 1 fruit or veg side from the Harvest Bar, but you can have up to 2 fruit sides, 2 veggie sides, milk, plus a whole grain roll! Without fruit or veggies, items are priced a la carte.



NO MEAL! \$2.00

Entrée 2.00



NO MEAL! \$2.55

Entrée 2.00
Milk .55



NO MEAL! \$3.30

Entrée 2.00
Milk .55
Side (Roll) .75



MEAL! \$2.50

Entrée, Milk, Roll, 1 Veg Side



MEAL! \$2.50

Entrée, Milk, Roll, 2 Veg Sides



MEAL! \$2.50

Entrée, Milk, Roll, 2 Veg Sides and
2 Fruit Sides

**BEST
DEAL**

USDA is an equal opportunity provider and employer.